

# WHEATGRASS

## The Complete Food

### WHAT IS WHEATGRASS:

- Wheatgrass is one of the **richest** natural resources of **Vitamins A, C, D & K and the complete B-complex**. Wheatgrass is also a natural source of **laerril (B-17)**
- Wheatgrass is the **richest source of Chlorophyll**, which is the “blood” of plants, with a **molecular structure almost that is almost identical to the hemoglobin molecule of human blood**
- Wheatgrass contains **Beta-carotene**, which is found in red, green, and yellow pigmented fruits and vegetables. Beta-carotene **acts as a scavenger against harmful molecules** flowing naturally through the body or through toxins inhaled from cigarette smoke, air pollution and other sources.

### What it will do for you:

- Drinking wheatgrass helps your body to **build red bloods cells, which carry oxygen to every cell**.
- Chlorophyll helps wash drug deposits from the body, **purifies** the blood and organs, and **counteracts toxins**. Wheatgrass helps remove toxic heavy metals (lead, mercury, aluminum) that have become stored in the tissues.
- Wheatgrass juice helps to increase the enzyme level in our cells, which aids in the rejuvenation of the body
- Wheatgrass is one of the most direct and highly concentrated forms of the Sun’s energy and when it is made into juice, it is the optimal energizer. **Just 1.5 ounces of Wheatgrass Juice is nutritionally equivalent to 2.5 lbs of fresh vegetables** and it contains **103 vitamins and minerals**.
- The Juice made from wheatgrass is **70% chlorophyll** and is a **powerful cleanser** while it purifies and feeds the body by oxidizing the white blood cells, which boost the body’s immune system. It is also very beneficial for people who wish to lose weight. An ounce of wheatgrass a day makes you feel great in every way.

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The food and Drug Administration has not evaluated these statements. This product is not intended to diagnose, treat, cure, or prevent any disease.